



ST. ANN'S CONVENT SCHOOL

E - M A G A Z I N E

AUGUST
2026

LEARN | GROW
SHINE

FREEDOM

with
Responsibility

Honouring
our Past,
Building a
Brighter Future



Play
Learn
Grow
Together



Jai
Hind



Our Guiding Light

In Sports, Success and Beyond

"Great Schools
are built by
Great Leaders..."

Vision
Support
Encouragement
Growth



Kabaddi Champions

U-17 Girls – Zonal & Regional Winners

Thank you, Respected Sister Principal,
for always believing in us and giving us
the opportunity to play, learn and grow.
Your support made our victory possible!

— U-17 Girls Kabaddi Team



Skating Star

Harshit Singh (XI)

Thank you, Respected Sister Principal,
for your constant motivation and support.
Your faith in me helped me reach
new heights!

— Harshit Singh (XI)



Kabaddi Boys

Zonals – Team Spirit

Thank you, Respected Sister Principal,
for always encouraging us and giving us
the best facilities to perform and grow.

— Kabaddi Boys Team



Respected Sr. Shaly M.M.

PRINCIPAL
St. Ann's Convent School, Lucknow



KABADDI Tournament Winners

Under-17 Girls – CISCE (UP) Zonal

Thank you, Respected Sister Principal,
for your constant support, guidance and
encouragement. You always stand behind us,
helping us achieve our dreams.

— Kabaddi Team (U-17 Girls)



KRITIKA SINGH (XI)

Selected for
National Kabaddi Team

Thank you, Respected Sister Principal,
for your constant support and
encouragement. Your belief in me
has helped me achieve this dream.

— Kritika Singh (XI)



RUTIK SINGH (XII)

Pickleball
District Champion

Thank you, Respected Sister Principal,
for always encouraging me and
providing the right facilities to
has helped my skills and confidence.

— Rutik Singh



Success in Every Field

Thank you, Respected Sister Principal,
for your guidance, support and
belief in us. You help us achieve
our goals with confidence.

— Proud Students

More Than Just Principal...



Investing in Champions

You always believed
in the power of sports
and gave us the platform
to showcase our talent.

— All Sports Teams



World-Class Facilities

Modern sports
infrastructure, quality
equipment and safe
facilities for every
student.

— All Sports Council



Dedicated Coaches & Mentors

You ensured the
presence of trained
coaches and skilled
mentors who guide us
with care and discipline.

— Players & Coaches



Opportunities for All

From team sports to
individual events,
you give every student
a chance to participate
and grow.

— All Students



Character & Confidence

You teach us not just
to win, but to be
humble, disciplined
and confident in
life.

— Our Gratitude

Thank You, Respected Sister Principal

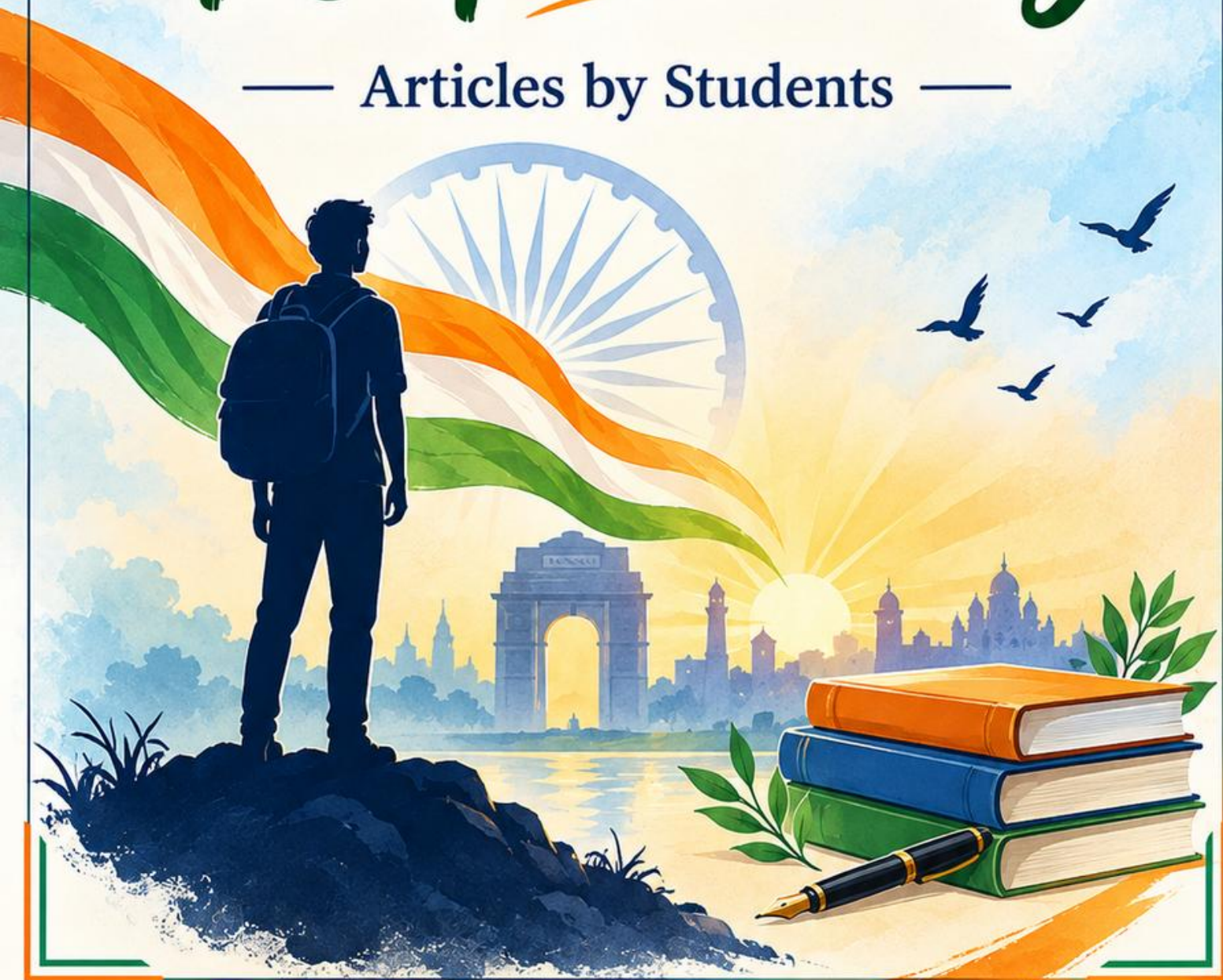
For making sports a stronger part of our school...
for believing in us... and for always being there!

With gratitude
and love
from all of us



Freedom with Responsibility

— Articles by Students —





“Inquilab
Zindabad”
— Bhagat Singh



Freedom with Responsibility:

The Wisdom Behind Every Choice

“Better to die
fighting for
freedom than
to live a life
of slavery.”
— Bhagat Singh

FREEDOM

RESPONSIBILITY

Choose
Wisely

Freedom is a word we all value deeply. We want it in our choices, our careers, our relationships, and every aspect of our lives. But there is one word that gives freedom its true meaning: **responsibility**.

The younger generation will not be remembered only for the freedom it enjoys, but also for how wisely it uses that freedom. Freedom is like fire—it can cook a meal or burn down an entire house. Its impact depends on how responsibly it is handled.

True freedom is not about doing whatever we want. It is about choosing what is right, even when no one is watching: **Freedom is choice, not carelessness; freedom is voice, not noise.** We have the right to speak our truth, but we also have the responsibility to listen to and respect the opinions of others.

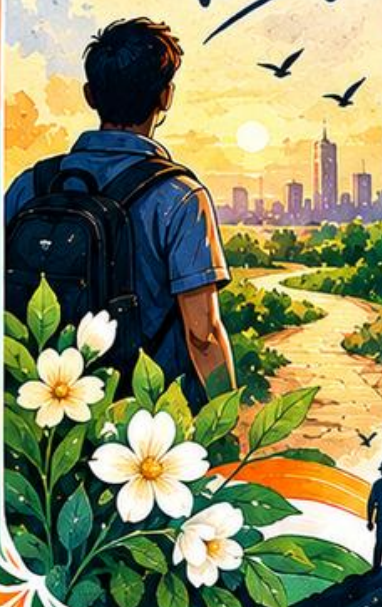
Responsible freedom begins with thoughtful choices. Before making a decision, we should consider its consequences—not only for ourselves but also for those around us. Before speaking, we should think carefully, because words have the power to build relationships or break them.

Instead of asking, “Am I free?” we should ask, “Am I responsible enough to use my freedom wisely?” True independence comes with self-control, awareness, and respect for others.

Freedom is like a flower that blossoms on the plant of responsibility. We are the gardeners who choose whether it grows beautifully or withers through careless choices. When freedom and responsibility grow together, they create individuals who are confident, respectful, and capable of making a positive difference in the world.

Freedom gives us the power to choose;
responsibility teaches us to choose wisely.

— Sunidhi Joshi
Class XII-B



FREEDOM

in Every Choice

A Tribute to Shaheed Udham Singh

"Real freedom is not given, it is earned with courage, sacrifice and responsibility."



Freedom is a Responsibility

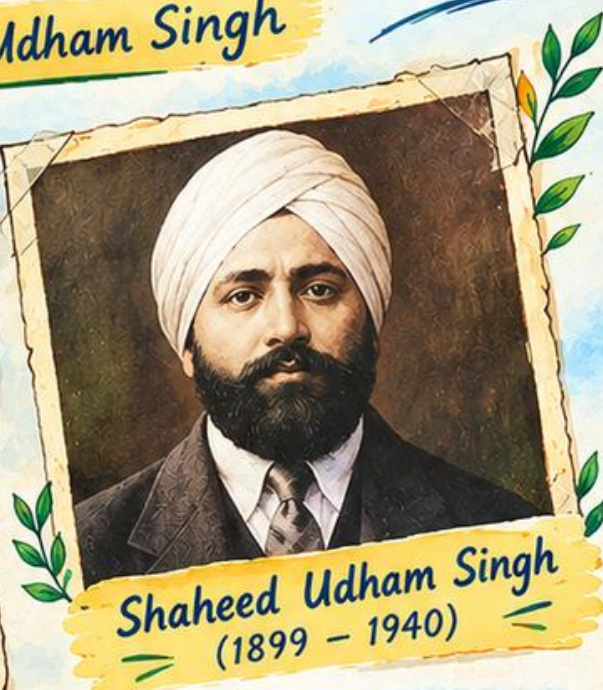
Today, I want to talk about a very important idea: Responsible Freedom. We all love freedom. We want to speak our minds, choose our paths and live our lives without fear. But true freedom is not a free pass to do whatever we want. Freedom and responsibility go together like two wings of a bird.

When we demand absolute freedom without rules, we create chaos—much like a busy intersection without traffic lights where everyone drives blindly and nobody moves forward. Real liberty requires responsibility, meaning our personal choices must always respect the rights, safety and dignity of others.

We cannot simply enjoy the privileges of a free society without actively paying the rent of civic duty and mutual respect.

Ultimately, freedom and responsibility are two sides of the same coin. We must guard our liberty not as a tool for selfishness, but as a commitment to building a safer, stronger world for everyone.

Freedom is powerful
when it is shared
with responsibility.



Shaheed Udham Singh
(1899 – 1940)

“Freedom is not merely the right to choose; it is the responsibility to use that freedom wisely, respect the rights and dignity of others, and contribute to a safer, stronger society.”

— Udham Singh

About Udham Singh

- Born: 1899, Punjab (India)
- Known for: Avenging the Jallianwala Bagh massacre
- Ideology: Freedom, Justice, Equality
- Legacy: A fearless fighter for India's freedom

His courage reminds us that freedom comes with a duty to the nation and to humanity.

-JOSHUA
CLASS XII B



Indian Independence Month



Freedom Is Meaningful When Guided by Responsibility



Annie Besant

"The highest ideal of life is the service of humanity."

— Annie Besant

Freedom is one of the most cherished values of life. It gives us the power to make choices, express ourselves, follow our dreams, and shape our own future. Yet, freedom becomes truly meaningful only when it is accompanied by responsibility.

We may have the freedom to do what we want, but we must always remember not to harm others through our words or actions. The words we speak can either heal or hurt, just as our actions can either build or destroy. True freedom therefore, requires us to think about the consequences of our choices.



Freedom is not the absence of rules, but the presence of responsibility.

A responsible society is built on mutual respect. We share parks, streets, public spaces, and communities with others, and it is our duty to protect and respect them. Our freedom should never come at the cost of another person's safety, dignity, or happiness.



Responsible freedom also begins with simple everyday choices—speaking kindly, respecting others, being honest, helping those around us, and making thoughtful decisions. These small acts create trust, strengthen relationships, and contribute to a safer and more harmonious society.

As students, we have the opportunity to set an example through our actions. We can use our freedom to learn, grow, express our ideas, and make positive choices. When we respect the freedom of others while exercising our own, we help create a world where everyone can live and grow with dignity.

Freedom is like a beautiful light that brightens our path. When guided by wisdom, kindness, and responsibility, it can make our world warmer, safer, and brighter.



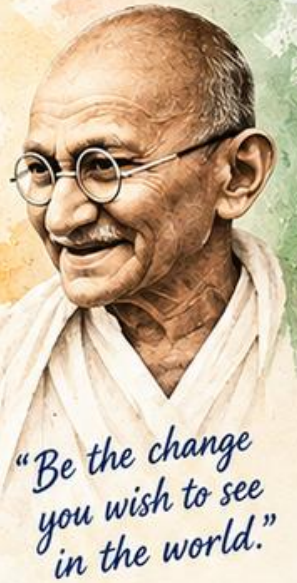
Freedom is a beautiful light, responsibility is the strength that keeps it shining.

— Neelakshi Pandey,
Class VIII





The Freedom to Choose, *The Wisdom to Do Right*



*"Be the change
you wish to see
in the world."*

— Mahatma Gandhi

Freedom is one of the most important rights we have. It allows us to express our thoughts, make choices, and live according to our values. However, freedom does not mean that we can do anything we want without considering others.

True freedom comes with responsibility. Responsible freedom means using our rights wisely while respecting the rights, feelings, and dignity of others. Freedom and responsibility always go together. If we want to enjoy freedom, we must also understand its consequences and make thoughtful choices.

We should use our freedom to help others, spread kindness, and make positive choices and decisions. The true meaning of freedom is not simply doing whatever we want; it is having the wisdom to do what is right.

Let us enjoy our freedom while being responsible citizens and, above all, good human beings.

*Freedom
comes with
responsibility.*



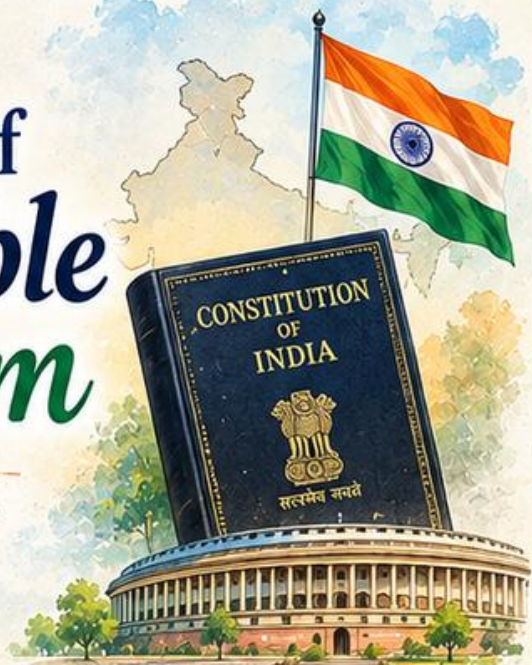
— Misban Fatima
Class XII-B





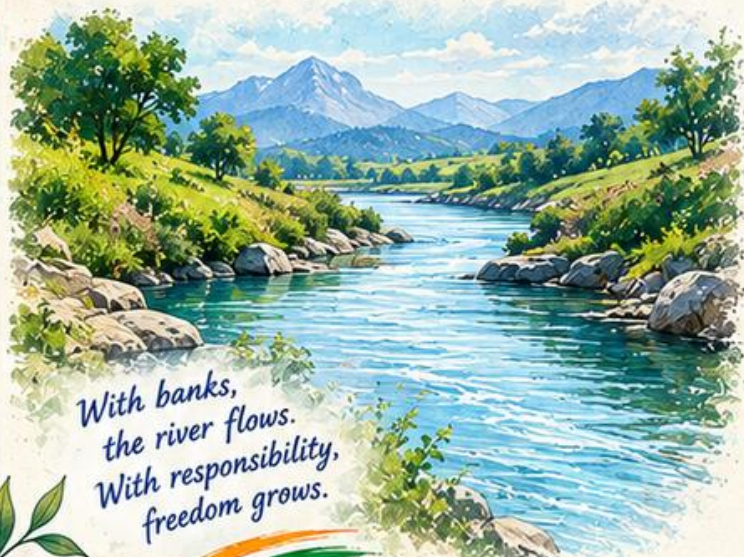
"Education is the most powerful weapon which you can use to change the world."
— Dr. B. R. Ambedkar

The Power of Responsible Freedom



Freedom is one of the greatest values of life. It allows us to dream, express our thoughts, make our own choices, and shape our future. But freedom is not simply the absence of restrictions; it is the presence of good judgement. The true test of freedom is not whether we can do something, but whether we should do it.

We often think that responsibility limits our freedom. In reality, it gives freedom its purpose. Imagine a river without its banks. Instead of flowing gracefully, it would spread in every direction and eventually lose its strength. In the same way, responsibility gives direction to our freedom and enables us to make our choices meaningful.



*With banks,
the river flows.
With responsibility,
freedom grows.*

Responsible freedom begins with the little things we do every day—speaking politely, respecting others, keeping our promises, protecting our surroundings, and choosing honesty even when taking a shortcut seems easier. These small actions may not attract attention, but they build trust, character, and self-respect.

In today's world, we need not only intelligent minds but also responsible hearts. Success is important, but the values with which we achieve it are even more important. A person is remembered not only for what they accomplish, but also for how they treat others along the way.

As students, we have the opportunity to become role models through our actions. Every act of kindness, every responsible decision, and every honest effort contributes to making our school, our community, and our nation a better place.

A Thought to Remember

"Freedom is not the absence of responsibility; it is the opportunity to choose what is right."

Let us all use our freedom with wisdom, integrity, and compassion, so that our choices become a source of inspiration to others. True freedom is not merely the power to choose; it is the wisdom to choose what is right.

— Anushka Chaurasiya
Class XII-A





Freedom with a *Conscience*



*“To be free is not merely to cast off one’s chains,
but to live in a way that respects and enhances
the freedom of others.”*

Freedom is a word that stirs our hearts and defines one of our deepest desires. It gives us the right to express our thoughts, choose our paths, and shape our lives according to our aspirations. It is a precious gift that allows us to grow, create, dream, and discover who we truly are.

Yet, we often forget that freedom has a twin sister—responsibility. The two are inseparable. Just as two wings are necessary for a bird to fly, freedom and responsibility must work together for individuals and societies to flourish.

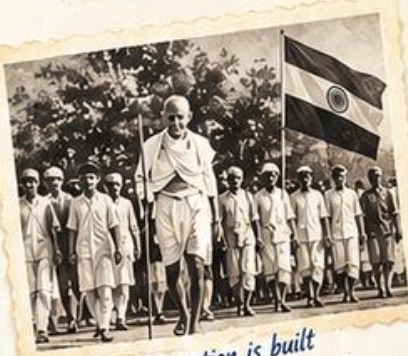
True freedom is not an unbridled license to do as we please; rather, it is the disciplined capacity to do what is right. As students, we experience this transition into autonomy every day as we gain greater independence over our choices, schedules, and future. However, freedom without boundaries can become a fragile illusion that quickly dissolves into disorder.

The digital age has given students unprecedented freedom to explore, learn, and express themselves. Yet, this digital liberty must be exercised responsibly. A responsible student does not misuse technology through plagiarism or distraction but uses online resources to expand knowledge, develop intellect, and inspire original thoughts.

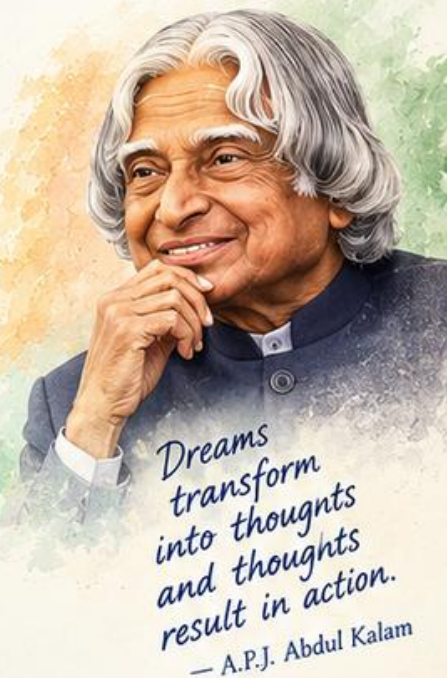
As we move forward, let us not treat freedom merely as a possession to be guarded, but as a legacy to be honoured. Let us carry our liberty with the dignity it deserves and use our choices not to build walls of division, but to pave paths of progress for all.

True freedom lies not in living without limits, but in understanding the impact of our choices and using our liberty to create a better world for everyone.

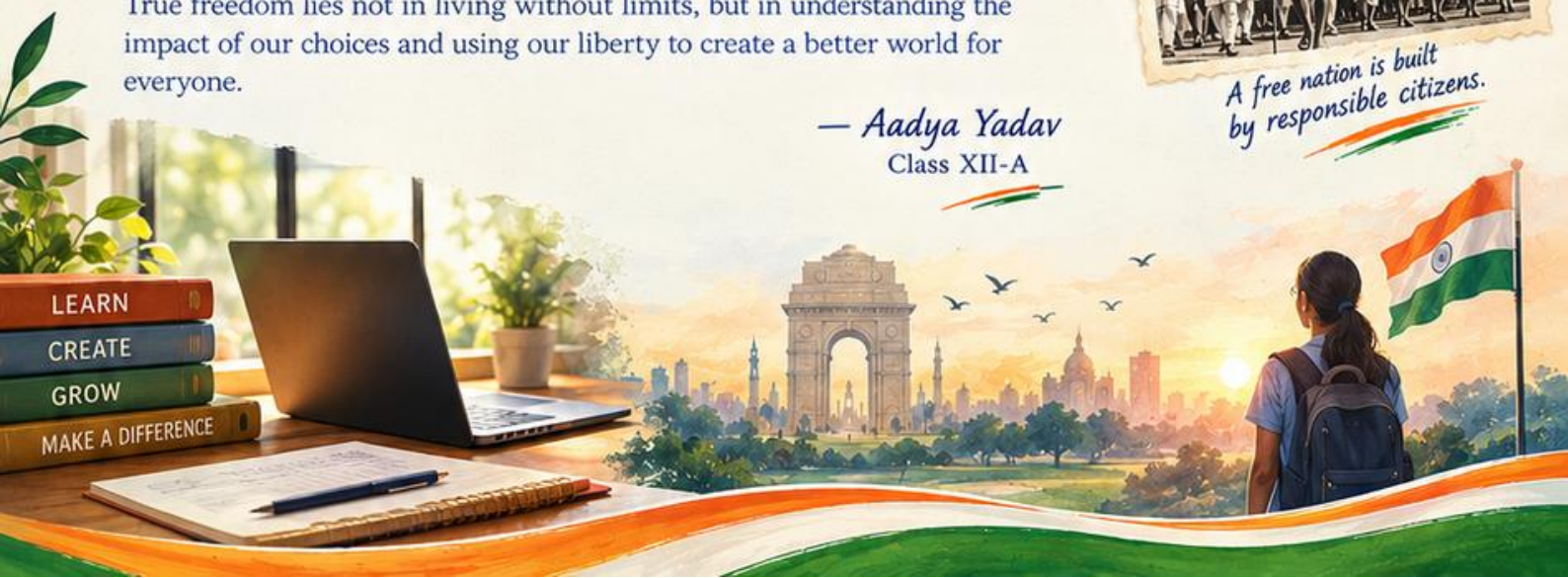
— Aadya Yadav
Class XII-A



*A free nation is built
by responsible citizens.*



*Freedom
and
Responsibility*
*Two wings,
One flight.*



LEARN
CREATE
GROW
MAKE A DIFFERENCE

Freedom Is Power, Responsibility Is Direction

*"Freedom is not the end;
it is the beginning of greater responsibility."*

— Subhas Chandra Bose

Subhas Chandra Bose

Imagine standing at the edge of an open road with no stop signs, no speed limits, and no boundaries. It may sound exciting, but if everyone travelled as fast as they wanted without considering anyone else, that freedom would quickly turn into chaos.

This is why true freedom cannot exist without responsibility. We often think of freedom as the ability to do whatever we want, with no consequences. But genuine freedom is not the absence of rules; it is the presence of **self-control, wisdom, and the ability to understand the consequences of our choices.**



Freedom to Speak

Freedom of speech gives us a voice and the opportunity to express our thoughts and opinions. However, this freedom comes with the responsibility to use our words wisely. Our voices should build people up, encourage meaningful conversations, and promote understanding rather than spread hatred, misinformation, or hurt.



Freedom to Choose

The freedom to choose allows us to shape our own future. Every decision we make, however, carries consequences. Responsible freedom means thinking carefully before making choices and accepting ownership of their outcomes.



Freedom to Act

Freedom of action allows us to explore possibilities, challenge boundaries, and pursue our goals. Yet responsibility keeps us grounded in integrity. It reminds us that our actions should never compromise the rights, safety, or dignity of others.



When we take ownership of our actions, we become truly independent. Nobody needs to constantly control or manage us because we learn to guide ourselves. Responsibility is not a leash that holds us back; it is the force that drives us towards **true independence.**



Freedom is therefore not simply the power to choose our path—it is the strength to walk that path wisely. Let us rise to the responsibility that comes with our freedom and show the world that we do not merely have the power to be free; ***we have the wisdom to handle it.***

— Manjari Pandey
Class XII A

**FREEDOM
+
RESPONSIBILITY
=
A BETTER TOMORROW**



*Be Free
Be Responsible
Build a
Better India*

*Freedom with Responsibility
Builds a Better Tomorrow*

The Ethics of Freedom

Chandra Shekhar Azad

*"Freedom is not a gift,
it is a responsibility."*

— Chandra Shekhar Azad

YOUR RIGHTS + THEIR RIGHTS
OUR RESPONSIBILITY

Responsible freedom is the understanding that personal liberty is deeply linked to respect for others. True freedom is not an unchecked license to do whatever one pleases; rather, it is the conscious choice to act ethically while recognising the rights and boundaries of fellow citizens.

Freedom requires self-regulation, empathy, and awareness of how our individual actions affect the broader community. Our choices may seem personal, but their consequences can extend far beyond ourselves.

Exercising freedom responsibly ensures that our independence does not diminish the safety, dignity, or liberty of others. It encourages us to think before we act, respect different perspectives, and understand that every right carries a corresponding responsibility.

In a society where everyone enjoys freedom, responsible behaviour becomes essential for maintaining harmony. When guided by conscience and compassion, freedom becomes more than a personal privilege—it becomes a force that strengthens communities and promotes mutual respect.

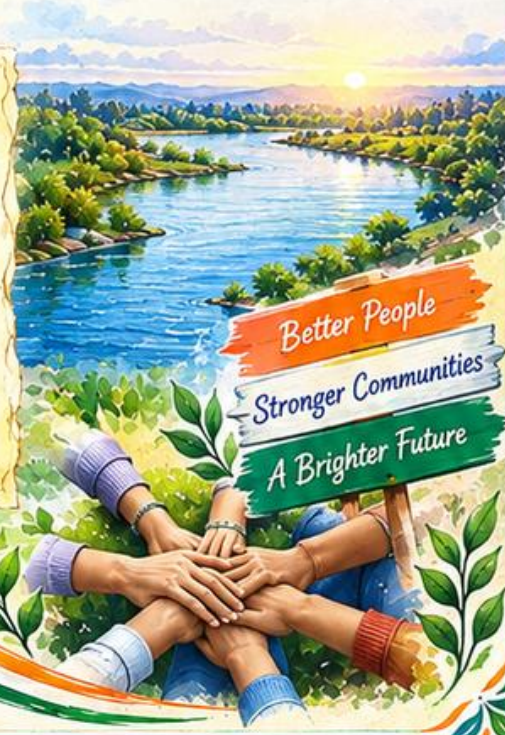
Ultimately, true freedom lies in the ability to make our own choices while ensuring that those choices do not take away the freedom or dignity of others. It is through this balance between liberty and responsibility that we can create a fair, respectful, and harmonious society.

— Arpit Mathur
Class XII A

A Thought to Remember

*"Freedom is not
about doing whatever
we want, but about doing
what is right for everyone."*

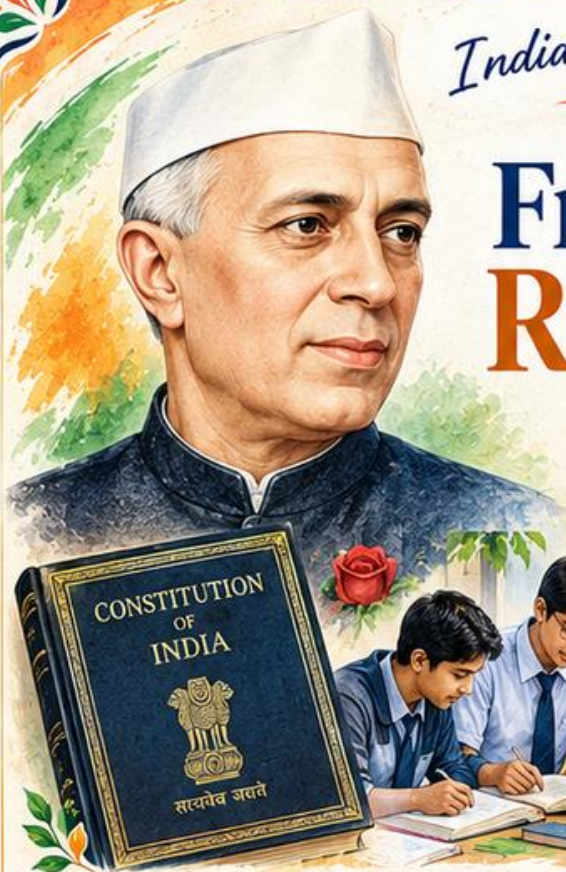
— Chandra Shekhar Azad



Indian Independence Month

Freedom with Responsibility

A STRONGER SOCIETY BUILT ON
OUR CHOICES



Freedom is one of the most valuable aspects of our lives. It gives us the ability to choose, speak, and act according to our wishes. However, true freedom is never absolute. It is a two-sided coin: on one side lies our personal liberty, while on the other lies our duty towards society.

Consider a simple example. We have the freedom to drive a car, but we must follow traffic rules to keep everyone safe. Similarly, we have the right to express our opinions, but we also have the responsibility not to spread hate, misinformation, or falsehoods.

Responsible freedom means understanding that our choices have an impact on others. When we practise freedom responsibly, we contribute to creating a safe, fair, and respectful society.

Without responsibility, freedom can turn into chaos; but when guided by responsibility, it helps build a strong and harmonious community where everyone can thrive.

True freedom is not simply the power to do what we want. It is the wisdom to understand our responsibilities, respect the rights of others, and make choices that contribute positively to society.

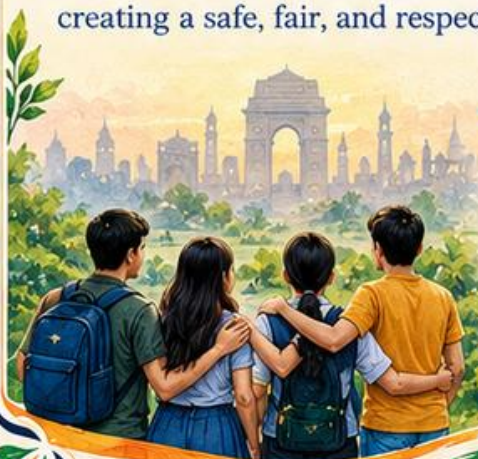
Let us value our freedom, use it wisely, and ensure that our liberty becomes a means of creating a better world for everyone.

— **Deeksha Yadav**
Class XII-A

A Thought to Remember

“Freedom and power
bring responsibility.”

— Jawaharlal Nehru





The Power to Choose, the Wisdom to Be Responsible

Rani Lakshmibai

*"Courage is not the absence
of fear, but the strength
to do what is right."*

Freedom is one of the greatest gifts of life. It gives us the ability to think, speak, choose, and act according to our wishes. However, true freedom is never absolute. It is a two-sided coin: while we enjoy personal liberty, we must also recognise our duty towards society and respect the rights and freedoms of others.

Responsible freedom means understanding that every choice has consequences. We may have the freedom to drive a car, but we must follow traffic rules to ensure everyone's safety. Similarly, freedom of speech gives us the right to express our opinions, but it also requires us to use our words wisely and avoid spreading hatred, misinformation, or falsehoods.

*Freedom is like a river...
It flows with power,
but needs banks
for direction.*

Freedom can be compared to a river. A river flows with great power and beauty, but its banks give it direction. Without them, it may overflow and cause destruction. In the same way, responsibility gives direction and purpose to freedom. It does not restrict our liberty; rather, it enables us to use it meaningfully.

Responsible freedom begins with the small choices we make every day—speaking politely, respecting others, keeping promises, protecting our surroundings, and choosing honesty even when taking a shortcut seems easier. These actions may appear insignificant, but they build trust, character, self-respect, and a stronger community.



Freedom to Choose

The freedom to choose our future comes with the responsibility to make wise decisions.



Freedom to Speak

The freedom to speak comes with the responsibility to promote truth and understanding.



Freedom to Act

The freedom to act comes with the responsibility to ensure that our actions do not compromise the safety, dignity, or freedom of others.

As students, we have the opportunity to become role models through our actions. The freedom to choose our future comes with the responsibility to make wise decisions. The freedom to speak comes with the responsibility to promote truth and understanding. The freedom to act comes with the responsibility to ensure that our actions do not compromise the safety, dignity, or freedom of others.

True freedom is therefore not simply the power to do whatever we want. It is the wisdom to understand what we should do. When freedom is guided by self-control, empathy, integrity, and respect, it becomes a force that builds rather than destroys.

Let us value the freedom we have, use it wisely, and remember that our liberty becomes truly meaningful when it contributes to the well-being of others.

*Freedom gives us the power to choose our path;
responsibility gives us the wisdom to walk it rightly."*

— Ayush Maurya
Class XII-A



Freedom with Boundaries



Freedom is one of the most precious gifts we have. It gives us the right to express our thoughts, choose our paths, and live our lives with dignity. It allows us to grow, create, dream, and become who we aspire to be.

But have we ever wondered what happens when freedom has no limits? When freedom is without boundaries, it can turn into chaos. If everyone does only what they want without thinking about others, society can lose its sense of harmony and responsibility.

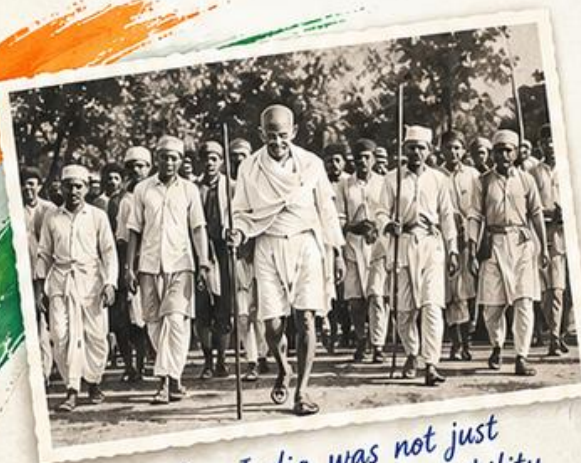
That is why freedom and responsibility go hand in hand. They are like the two wings of a bird—both are essential for us to truly fly. We can enjoy our freedom while respecting the rights, feelings, and well-being of others.

True freedom is not about doing whatever we want; it is about having the wisdom to make the right choices. When we use our freedom responsibly, we create a society where everyone can live, grow, and dream freely.

"Freedom is beautiful, but it is more beautiful when it brings happiness to others too."



RIGHTS
WITH
RESPONSIBILITIES
BUILD A STRONGER
TOMORROW



A free India was not just a dream, but a responsibility we all share.



— Shreyashi Anand
Class XII-A



Freedom
inspires
the heart,
but responsibility
gives it wings.

Poems by Students





Mother Teresa

*"Not all of us can do great things.
But we can do small things
with great love."*

— Mother Teresa

*Freedom
is not just
the right to live,
but the responsibility
to make life better
for others.*



*Kindness
is true
freedom.*



KINDNESS

COMPASSION

RESPECT

HELP OTHERS

DO WHAT IS RIGHT



The Meaning of Freedom



*True freedom
lives in a
kind heart.*

Freedom is more than being free,
It is the choice of who we wish to be.

It is a voice that dares to speak,
Yet listens when the others seek.

It is a hand that helps someone,
A promise kept when work is done.

It is choosing right when wrong seems easy,
And staying kind when life gets uneasy.

Let freedom guide our hearts each day,
With truth and care along the way.

For when responsibility leads us through,
Freedom becomes a gift for all to pursue.

— ARPITA KUMARI
XII-B



*A helping hand
is freedom.*



*Education
gives freedom.*



*A kinder world
is a freer world.*

*Small acts
create a
big change.*





Freedom with Responsibility

Mangal Pandey

"The spark
that lit the flame
of freedom."

"True freedom
is not the absence
of rules, but the
courage to do what
is right."
— Mangal Pandey

Freedom is the wings that let us fly,
Like a bird that soars across the sky.
It gives us choices, a voice, a way,
To shape our dreams with each new day.

But freedom comes with duties too,
In all we say and all we do.
To care, respect, and choose what's right,
To spread the truth and share the light.

We have the freedom to dream and grow,
But responsibility helps us know
That every choice we make each day
Can build our world—or lead astray.

So let us walk with hearts sincere,
With kindness, courage, and no fear.
For freedom shines its brightest when
We use it wisely, again and again.

— SNEHA SHARMA
XII-B



*Responsible
Choices
Build a
Brighter
Future*



Indian Independence Month



"Education
is the most powerful
weapon which you can
use to change
the world."
— Dr. Sarvepalli Radhakrishnan

Freedom to Choose

**Dr. Sarvepalli
Radhakrishnan**

Teacher | Philosopher | Statesman
(1888 – 1975)

LEARN

DREAM

WORK

GROW

Every choice
shapes
your future...

I have the freedom to choose my way,
To learn, to dream, to work each day.

But every choice that I make
Has consequences I must take.

I can speak, but I must be kind,
I can explore, but keep others in mind.

I can reach for the stars above,
But must walk with respect and love.

Freedom gives me a chance to grow,
Responsibility tells me where to go.

Together they make a path so bright—
Freedom to choose, responsibility to do right.

Learn
with curiosity

Speak
with kindness

Explore
with awareness

Help
with compassion

Freedom to choose,
responsibility to do right.

— Dr. Sarvepalli Radhakrishnan

EDUCATION

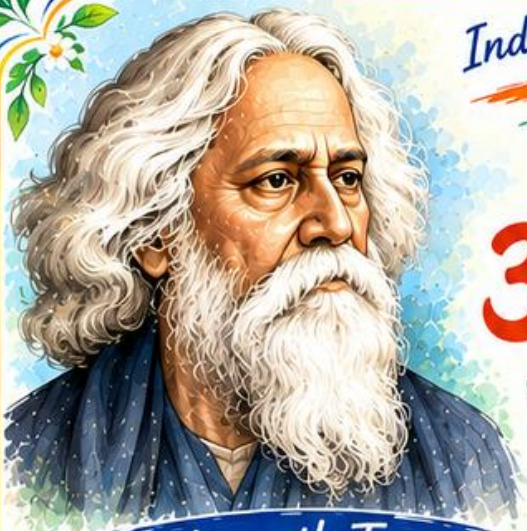
KINDNESS

RESPECT

RESPONSIBILITY

Better
Choices
A Brighter
Future
♥

Indian Independence Month



Rabindranath Tagore

(1861 – 1941)

Poet • Philosopher • Nobel Laureate

“स्वतंत्रता
केवल अधिकार नहीं,
यह एक जिम्मेदारी
भी है!”

— रवीन्द्रनाथ टैगोर



Together
for a
Brighter
Future

आज़ादी का सही अर्थ

आज़ादी केवल मन की चाह
नहीं,
यह जिम्मेदारी की राह भी
सही।

अपने सपनों को पंख लगाएँ,
पर दूसरों के सपनों का
भी मान बढ़ाएँ।

बोलने की आज़ादी मिली
है हमें,
तो शब्दों में प्रेम रखें अपने।

चुनने की मिली जब
राह नई,
सोचें कि उससे भलाई
हो सभी की।

सच्ची आज़ादी वही कहलाती,
जो सबके जीवन में खुशियाँ लाती।

अधिकारों के संग कर्तव्य
निभाएँ,
मिलकर भारत को बेहतर बनाएँ।

— ARNAV TRIPATHI
XII A

“Where the mind
is without fear
and the head is held
high...”
— Rabindranath Tagore



DREAM BIG
BUT LIFT OTHERS
TOO



SPEAK
KINDLY



RIGHT CHOICE
BRIGHT FUTURE
FOR ALL



SMALL ACTS
MAKE A BIG
DIFFERENCE



MY FREEDOM
MY RESPONSIBILITY
A BETTER INDIA

Indian Independence Month



मेरी आज़ादी



“Arise,
Awake,
and stop not
till the goal
is reached.”
— Swami Vivekananda



Swami Vivekananda

(1863 – 1902)

Monk • Philosopher • Nationalist

सही सोच,
सही चुनाव,
एक बेहतर
कल!

मेरी आज़ादी, मेरा मान,
मेरे सपनों की यह उड़ान।

पर मैं इतना याद रखूँ,
हर कदम सोच-समझकर रखूँ।

मैं बोलूँ तो सच बोलूँ,
दुखते दिल पर मरहम घोलूँ।

मैं चुनूँ तो सही चुनूँ,
अपने कर्मों की जिम्मेदारी बुनूँ।

आज़ादी का यही संदेश—
सम्मान, प्रेम और सच्चाई विशेष।

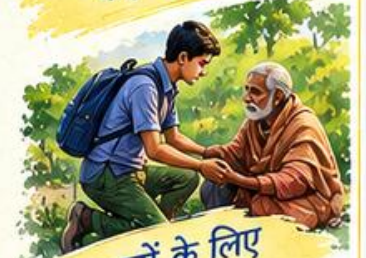
जब जिम्मेदारी साथ निभाएँ,
तभी स्वतंत्रता को सार्थक बनाएँ।



सपने देखो,
मेहनत करो!



सच बोलो,
कड़वाहट नहीं!

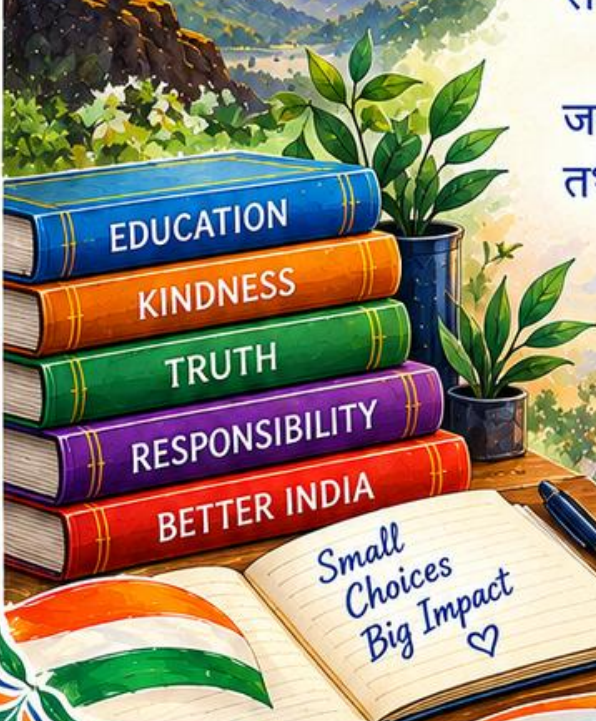


दूसरों के लिए
भी सोचो!



सम्मान, प्रेम
और सच्चाई!

Dream
Learn
Achieve

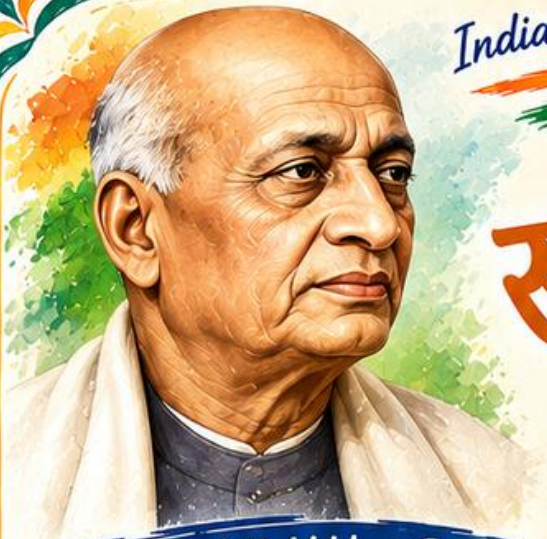


PRATYUSH SINGH
XII A

Indian Independence Month



स्वतंत्रता और जिम्मेदारी



Sardar Vallabhbhai Patel

(1875 – 1950)
Iron Man of India

आज़ादी
हमें दिशा देती है,
जिम्मेदारी
उसे अर्थ देती है!

आज़ादी है पंख हमारे,
उड़ने को खुले गगन
के द्वारे।

सोचने, बोलने और चुनने का
अधिकार,
जीवन को देने नए
विचार।

पर आज़ादी के साथ यह
याद रखें,
अपने कर्तव्यों को भी साथ
रखें।

जो बोलें, उसमें सच्चाई हो,
हर कदम में भलाई हो।

अपनी राह चुनने की आज़ादी है,
पर दूसरों की भी उतनी
ही आज़ादी है।

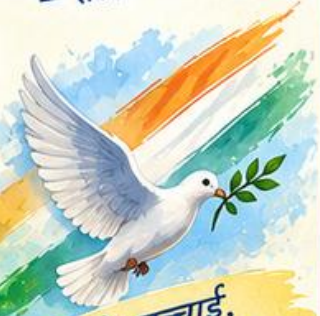
सम्मान, दया और सत्य अपनाएँ,
मिलकर सुंदर दुनिया बनाएँ।

आज़ादी तब सच्ची कहलाए,
जब हर दिल में
जिम्मेदारी आए।

अधिकारों के संग कर्तव्य
निभाएँ,
स्वतंत्रता का मान बढ़ाएँ।

— ISHANT ARYAN
Class XII A

“स्वतंत्रता
के साथ कर्तव्य का
निभाना ही सच्ची
देशभक्ति है!”
— सरदार वल्लभभाई पटेल



बोलो सच्चाई,
बढ़ाओ भाईचारा।



मेरी आज़ादी
तभी पूरी है,
जब सबकी आज़ादी हो।



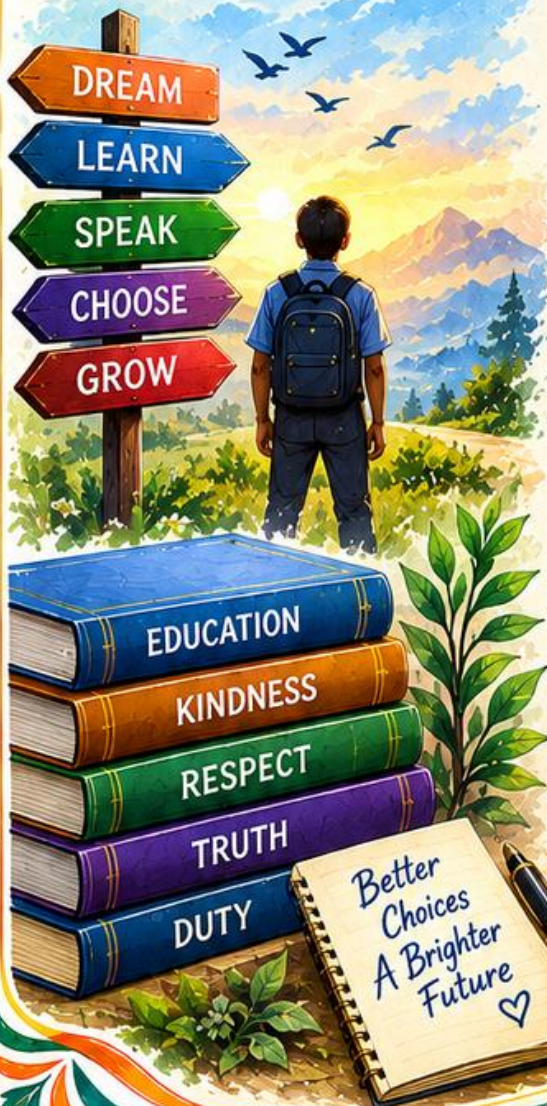
कर्तव्य निभाएँ,
भविष्य सजाएँ।

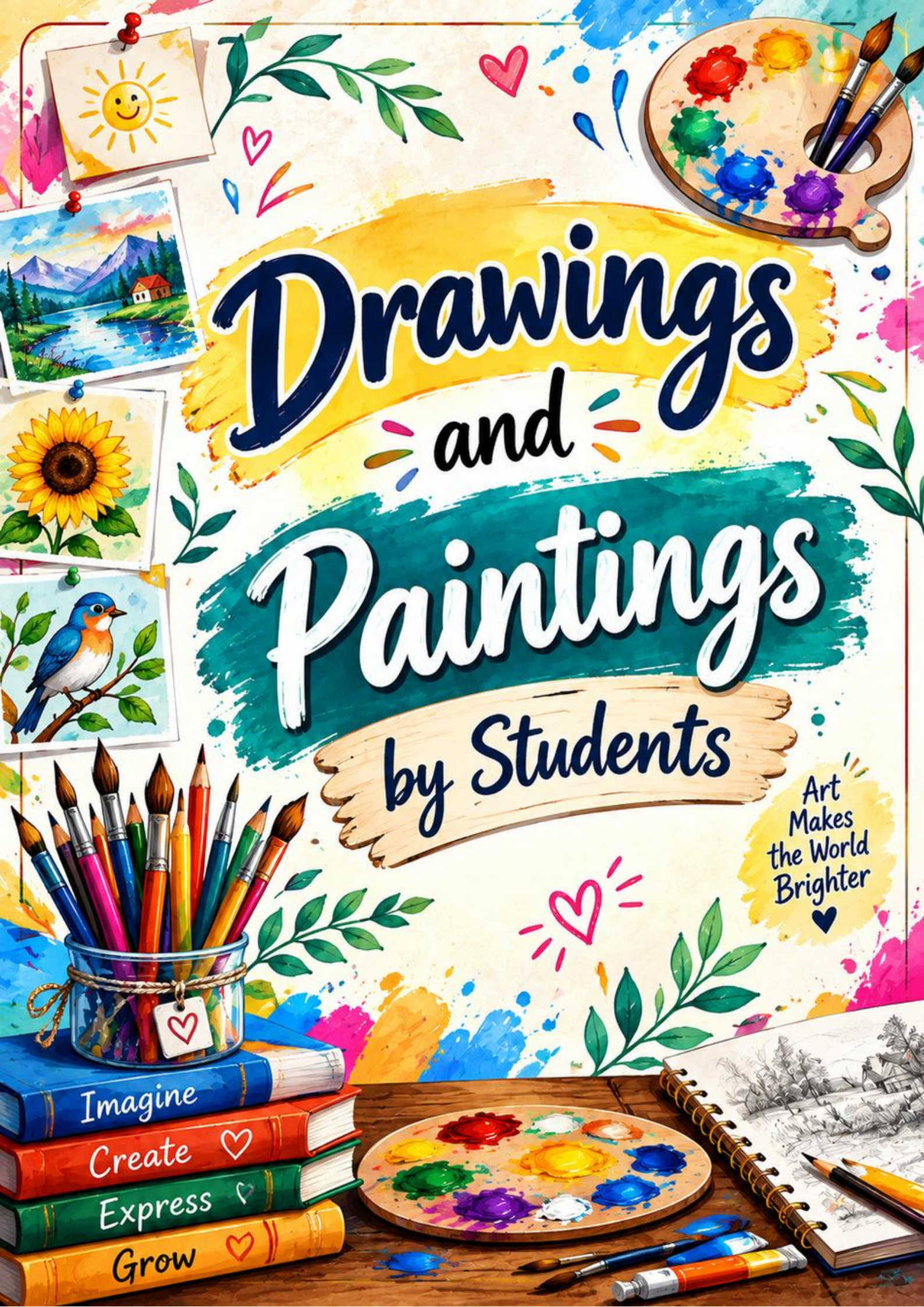


मिलकर बनाएँ
एक बेहतर दुनिया।



स्वतंत्रता
का सम्मान,
जिम्मेदारी के साथ!





Drawings and Paintings by Students

Art
Makes
the World
Brighter

Imagine

Create

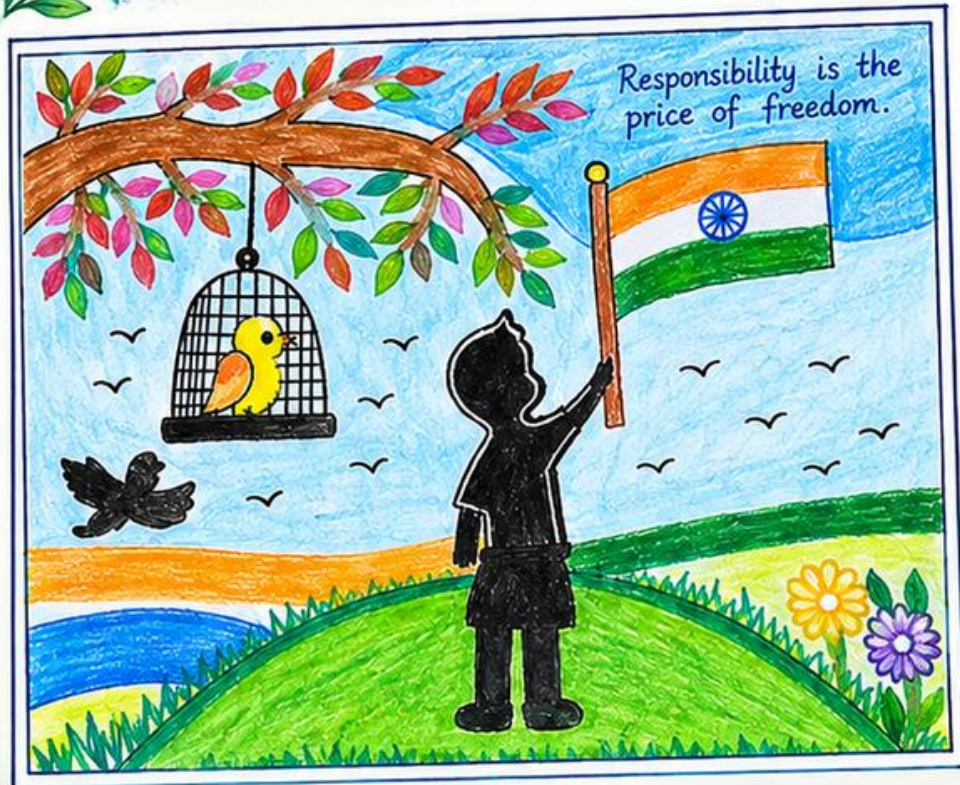
Express

Grow



Freedom with Responsibility

Freedom is not just the right to do what we want,
but the wisdom to do what is right.



Responsibility
is the Price of Freedom

By: Aavya Singh (V-B)

This artwork beautifully shows that true freedom is not just about independence, but also about taking responsibility. It reminds us that with freedom comes the duty to make the right choices, for a better tomorrow.

Freedom grows
when we choose
responsibility.

Unity in Diversity

By: Akarsh (VI-A)

This artwork beautifully shows how many nations, people and cultures can come together for one common goal - peace. The dove represents harmony, and the world reminds us that we are all part of the same family.

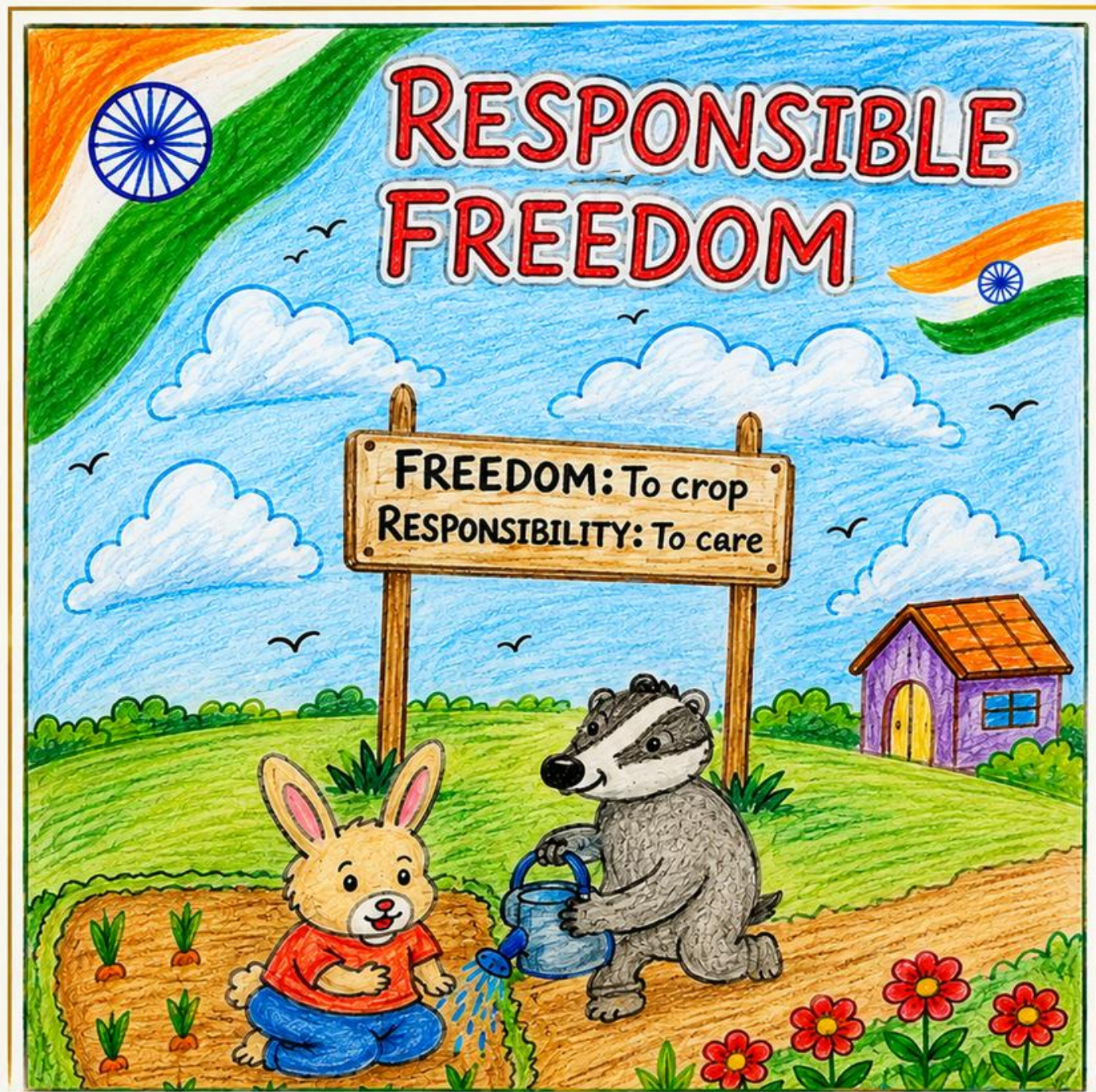
Different colours...
Same dream...



Let's build
a kinder, freer
and more united world.

FREEDOM WITH RESPONSIBILITY

Small Choices • Big Impact • A Better Tomorrow



Aradhya Chandra • IX-A

FREEDOM WITH RESPONSIBILITY

• Every choice brings a responsibility. •



THE MESSAGE

Freedom gives us the power to choose how we live, act and express ourselves. But every choice has a consequence. True freedom means using our choices wisely, caring for others and protecting the world around us. Responsibility helps us make choices that create happiness, kindness and a better tomorrow.



Student Paintings

Art speaks where words cannot...

Small Hands... Big Imagination... Beautiful Creations

RESPONSIBLE FREEDOM

Freedom means to live happily and peacefully.



Atharv Sharma
(V-B)

This beautiful drawing shows that freedom is not only about independence, but also about the responsibility to live with kindness, care and peace.

Anirudh Tiwari
(V-B)

This artwork beautifully blends our culture, tradition and the spirit of unity, reminding us that freedom is stronger when we stay together.

Different Colours...
Same Dream...



Art • Imagination • A Brighter Tomorrow

FREEDOM WITH Responsibility

A student's vision of freedom



True freedom is not just the right to choose, but the courage to do what is right. This beautiful drawing reminds us that freedom and responsibility go hand in hand — for a kinder, safer and brighter world.

Aavya Singh — V-B

Play
Learn
Compete
Grow
♡

Sports and Achievements

Healthy
Students
Build a
Stronger
Tomorrow
♡

— St. Ann's Convent School —
— LUCKNOW —



Discipline

Teamwork

Success

Not just
in Sports,
but in
Life!
♡



Sports Build Character ♡ Achievement Builds Confidence

Small Steps
Lead to
Big Dreams ♥

ST ANN'S CONVENT SCHOOL

Play
Hard
Dream
Big ♥

KABADDI GIRLS TEAM

STRENGTH • UNITY • DETERMINATION



**GOLD
MEDAL**

WINNERS

“Strong Mind, Strong Team, Stronger Tomorrow.”



OUR KABADDI STARS ☆

The Under-17 Girls' Kabaddi Team of St. Ann's Convent School has once again proved that true champions are not only made on the field, but also in the values they carry in life. With discipline, hard work and unshakable team spirit, our young players have brought glory to the school by winning the Lucknow Kabaddi Zonals Final and securing the Gold Medal (1st Place) on 24 July 2026.

In a thrilling final match against the host team, LPS, our girls displayed exceptional skill, confidence and unity, winning with a remarkable score of 25-11.

**Proud of You
Our Champions! ♥**

TEAM MEMBERS

S.No.	Name	Class.	Sec.
1	Kritika Singh	XI	C
2	Pranshi Shukla	X	B
3	Mahek Verma	X	A
4	Aditi Jaiswal	X	B
5	Pradeepti Singh	IX	A
6	Kavya Singh	VIII	C
7	Shreya Singh	IX	A
8	Sanidhya	VIII	C
9	Shubhi Tiwari	XI	C
10	Aradhya Tiwari	VII	B
11	Anshika Sara Paul	VIII	A
12	Wania Siddiqui	IX	A

**More Than
Just a Game...**

Kabaddi teaches them courage, strategy, patience and the power of teamwork. These girls didn't just play the game, they showed what true determination looks like.

**Same Girls
Bigger Dreams ♥**

**“Strong Mind,
Strong Team,
Stronger Tomorrow.” ♥**

KABADDI
PLAY • FIGHT • WIN

PROUD MOMENTS • BRIGHT FUTURES

Small Steps...
Big Dreams...
♡

ST ANN'S CONVENT SCHOOL

KABADDI

CHAMPIONS

COURAGE • TEAMWORK • VICTORY

Play Hard
Dream Big ♡



Congratulations to Our Kabaddi Champions!



Heartiest congratulations to the St. Ann's Convent School Under-17 Girls Kabaddi Team for securing the **Bronze Medal (3rd Position)** at the CISCE (UP) Regional Kabaddi Tournament.



A special congratulations to **KRITIKA SINGH** on her outstanding achievement of being selected for the CISCE National Kabaddi Championship.

Your hard work, determination and team spirit have made the entire school proud.

Wishing you continued success and many more achievements in the future.

**SPRIT
BUILDS
CHAMPIONS**

**Braver
Stronger
Together**

From Our School
To Greater Victories... ♡



ST ANN'S CONVENT SCHOOL
LUCKNOW

KABADDI BOYS ZONALS TOURNAMENT

📍 LPC B Block, Rajajipuram

*Teamwork
Turns Effort
into Victory*



Proud of Our
CHAMPIONS!



Your hard work, team spirit and determination have made St. Ann's proud! You showed great courage, skill and unity by defeating many schools in the Zonals and bringing laurels to our school in Lucknow.

*Keep playing,
keep inspiring!*

*Special
Thanks* ♥

To our respected Principal
Sr. Shaly M.M.

For her constant support, encouragement and belief in us. Your guidance inspires us to be better every day.

*Your presence
and blessings
mean a lot to us!* ♥

*Small Steps
Make Big Champions* ★

*Grateful to
our parents and
teachers* 🤝

for their unconditional love, sacrifices and support. You are the real strength behind our success. ♥



Boys Kabaddi Team

Attendance for 23 July 2026

- | | | |
|-----|-------------------|-------|
| 1. | Rudra maurya | - 10B |
| 2. | Arun kumar | - 11B |
| 3. | Atharv Yadav | - 11B |
| 4. | Arush Yadav | - 10B |
| 5. | Manu pratap singh | - 11B |
| 6. | Harshit singh | - 11A |
| 7. | Aditya khushwaha | - 11B |
| 8. | Yashwant singh | - 11A |
| 9. | Prince Tiwari | - 10A |
| 10. | Utkarsh saini | - 11B |



Small
Steps...
Big
Dreams...

Play
Learn
Grow
Together

ANNITES LUCKNOW KHO KHO TEAM

= CISCE =



TEAM
SPIRIT
BRINGS
SUCCESS



Congratulations

TO OUR KHO KHO TEAM

TOGETHER
WE
WIN!

SPEED | STRATEGY | STRENGTH | TEAMWORK



The St. Ann's Convent School Kho-Kho Team has showcased exceptional talent, determination and team spirit at the CISCE (UP) Zonal Kho-Kho Championship, securing a well-deserved place in the Third Prize (3rd Position).

*Your hard work
has made the school proud!*



Under-17 Girls' Kho-Kho Team
secured **Third Position** at the
CISCE (UP) Zonal Kho-Kho
Championship.



Agility • Strategy
Team Spirit

Proud of Our
Champions

“Success is not a destination,
it's the result of teamwork and perseverance.”

KHO KHO

St Ann's KABADDI QUEEN

Strength • Courage • Determination

KRITIKA SINGH
OUR PRIDE | OUR CHAMPION

"Dream
Play
Achieve"



Sr. Shaly M.M
Principal
St. Ann's Convent School, Lucknow

*Heartiest
Congratulations* ♥

to Kritika Singh for
her outstanding
achievements in Kabaddi!

Your hard work, discipline
and never-give-up attitude
have made the entire
St. Ann's family proud.
You have shown that
girls can achieve anything
they dream of!

*Keep shining
and reaching higher!*

**U.P. STATE
KABADDI CHAMPIONSHIP**
STRONGER PLAYERS | STRONGER U.P.



ZONAL LEVEL KABADDI COMPETITION

Represented
St. Ann's Convent School
as a team member.



REGIONAL LEVEL KABADDI COMPETITION

Selected as a team member
of Lucknow Kabaddi Team
and won the competition.



NATIONAL LEVEL KABADDI COMPETITION

Selected as a team member
of U.P. Kabaddi Team
for the National Kabaddi
Competition.

A Special Thanks to Our Respected Principal!

With deep gratitude, I would like to thank
Sr. Shaly M.M., our respected Principal,
for her constant support, encouragement
and belief in me. Her kind words, vision
and guidance have always motivated me
to do my best. She truly believes in every
student and gives us the strength to
achieve our dreams.

*Thank you, Sister!
You are an inspiration!* ♥

My Heartfelt Thanks to My Parents and Teachers

 ♥

I am truly grateful to my parents for
their unconditional love, sacrifices
and constant encouragement.
They have always stood by me
in every step of my journey.

I also extend my heartfelt thanks
to all my teachers who guided me,
supported me and helped me
believe in myself. Their teachings
and motivation have shaped
my confidence and success.

This win is also yours ♥

*From
St. Ann's to
the National Stage* ★



"Success is not just
about winning medals,
but about the people
who stand by you
along the way."

— Kritika Singh

★ *Small Steps
Big Dreams*

 **Small
Steps...
Big
Dreams...**

ST. ANN'S CONVENT SCHOOL

PROUDLY CELEBRATES

**Play
Learn
Grow
Achieve** 

**"Hard work
turns talent
into victory."**

 **RUTIK SINGH**
OF ST. ANN'S CONVENT SCHOOL

We are proud to share that
Rutik Singh has won the
Runner Up Trophy at the
District Pickleball Championship
2025, organized by the
Lucknow Pickleball Association.

His dedication, hard work and
sportsmanship have brought
great pride to our school.

**Keep playing,
keep growing!** 

 **"Your spirit on the court
inspires us all!"** 



 **DISTRICT
PICKLEBALL
CHAMPIONSHIP
2025** 



**Runner Up
Sportsman Cup**



**Lucknow
Pickleball
Association**



**A proud
achievement in
Pickleball**



SPORTS BUILDS CHARACTER

Small
Steps...
Big
Dreams...
♡

St. Ann's Convent School
LUCKNOW

Play
Learn
Grow
Together
♡

👑
Congratulations
= to Our =

DARSHIKA MISHRA

GOLD & SILVER MEDAL WINNER

AT THE
STATE LEVEL
TAEKWONDO COMPETITION



GOLD MEDAL

IN STATE LEVEL
TAEKWONDO
COMPETITION



SILVER MEDAL

IN STATE LEVEL
TAEKWONDO
COMPETITION

Future
Champion
♡

Your hard work, discipline
and determination have
made the entire school proud.
Keep shining and continue
to achieve great success! ♡

Stronger
Faster
Braver
♡

“Success is not a destination,
it's the result of hard work and perseverance.”



St Ann's SKATING STAR

DISCIPLINE | DETERMINATION | SUCCESS

"Dreams Roll Forward"



Sr. Shaly M.M.

Principal
St. Ann's Convent School, Lucknow

Heartiest Congratulations

to Harshit Singh (Class XI)
for his outstanding performance
at the CISCE UP Zonal Skating
Tournament 2026 held at
La Martiniere College.



Silver Medal
U-17 1000m Rink Track



Bronze Medal
U-17 500m Rink Track

*Your hard work, determination
and passion have made us proud.
Keep shining and skating
towards greater success!*



**Proud
of You
Harshit!**

A Special Thanks

To Our Respected Sister Principal

Respected Sister,
you are not just a leader, but a true
inspiration. Your constant support,
encouragement and belief in us
have helped me grow, both in sports
and in life. You always stand by me,
guiding, motivating and giving us
the confidence to dream bigger.
Thank you for being the strong
pillar behind my success.

— Harshit Singh

My Parents & Teachers

My Pillars of Strength

To my dear parents,
Thank you for your unconditional
love, sacrifices and support. You
have always stood by me in every
step of my journey. I am lucky to
have you both.

To my teachers,
A special thanks to all my teachers
for their guidance, motivation
and faith in me. Your encouragement
has helped me grow, both in sports
and in life.

With heartfelt gratitude,

— Harshit Singh



*"Success is not just
about winning medals,
but about the people
who stand by you
along the way."*

— Harshit Singh

★ Keep Gliding Towards Your Dreams ★



St. Ann's Convent School
— LUCKNOW —

Team
Work
Builds
Champions ♡

Play
Hard
Stay
United ♡

All The Best
to our

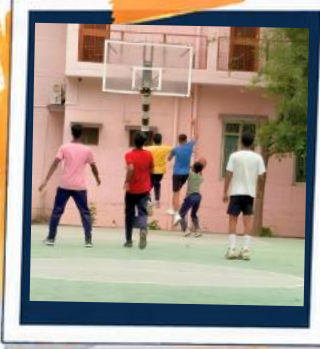
BASKETBALL TEAM

FOR THE UPCOMING MATCH IN THE
INTER-STATE SCHOOLS
BASKETBALL TOURNAMENT



Keep
Dribbling
Keep
Dreaming ♡

Discipline
Today
Success
Tomorrow ♡



Your practice
will show
the result!



Go, Team! ♡

Together
We Can
Do It! ♡



Dream
Learn
Grow ♡

August at St. Ann's

Better
Students
Brighter
Futures
♡

A Month of Learning,
Celebration & Togetherness





St. Ann's Convent School
LUCKNOW

Proud
to be
Indian

Happy Independence Day

Freedom • Unity • Progress



Small
Steps...
Big
Dreams...

Let's
Build
a Brighter
India

"Freedom is not just
a word, it is a feeling
we live every day."





St. Ann's Convent School
— LUCKNOW —

Proud
to be
Indian

Independence Day Celebrations



Flag Hoisting
Ceremony



Cultural
Program



Creative
Expressions



"Let's cherish our freedom,
and work for a brighter tomorrow."



St. Ann's Convent School

LUCKNOW

LITTLE DOCTOR COMPETITION

For Classes III to V



Small
Steps...
Big
Dreams...
♡



Today
you
learn...
Tomorrow
you
heal...
♡



Future
Doctors
in the
Making
♡



Be a
helper,
be a
healer!
♡



Brave hearts, caring hands...
that's what makes a great doctor!
♡

St. Ann's Convent School

LUCKNOW



Shapes
are
everywhere!

Shapes Hunt Activity

For Classes 1 & 2



Little Eyes...
Big Observations...
Great Learners!



India

Before and After Independence





INDIA'S JOURNEY TO INDEPENDENCE

A Timeline of Courage, Sacrifice and Freedom

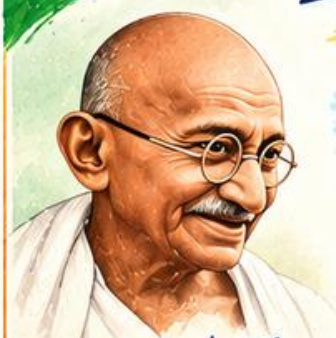
India's independence was not achieved overnight. It was the result of a long and determined struggle involving countless freedom fighters, movements, protests, sacrifices, and ordinary citizens who stood together for freedom.

Key Timeline

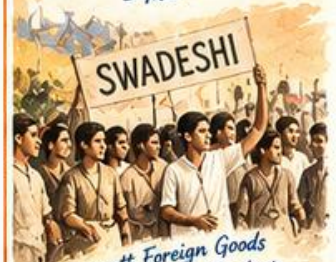
Year	Event
1757	Battle of Plassey The East India Company's victory marked a major turning point in its political control over Bengal.
1857	The Revolt of 1857 One of the earliest major uprisings against British rule.
1885	Indian National Congress founded It became an important platform for India's freedom movement.
1905	Partition of Bengal The decision led to widespread protests and strengthened the Swadeshi Movement.
1915	Mahatma Gandhi returned to India from South Africa and soon became a leading figure in the freedom struggle.
1919	Jallianwala Bagh Massacre British troops fired on a gathering in Amritsar, shocking the nation and intensifying opposition to British rule.
1920-22	Non-Cooperation Movement Gandhi encouraged Indians to withdraw cooperation from British institutions and goods.
1930	Dandi March / Salt March Gandhi led a historic march to the sea to challenge the British salt laws.
1930-34	Civil Disobedience Movement Indians openly challenged unjust colonial laws.
1942	Quit India Movement The call of "Do or Die" marked one of the most powerful mass movements against British rule.
1946	Cabinet Mission British leaders began negotiations concerning India's constitutional future and transfer of power.
1947	Indian Independence Act The British Parliament passed the legislation providing for the creation of India and Pakistan.
15 August 1947	India became independent. Jawaharlal Nehru became the country's first Prime Minister.



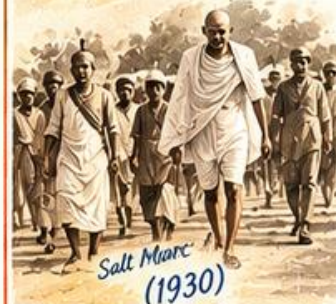
"Freedom is not given, it is won."



"Be the change you wish to see in the world."
— Mahatma Gandhi



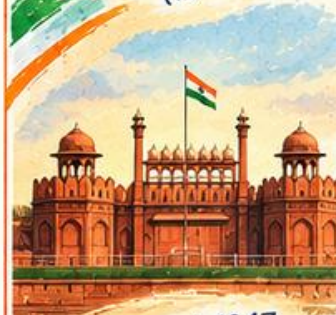
*Boycott Foreign Goods
Support Indian Products*



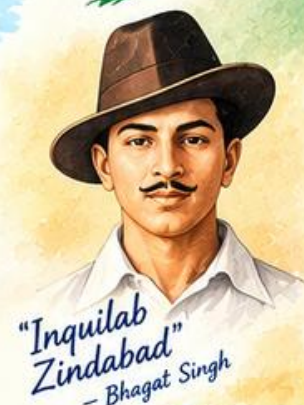
*Salt March
(1930)*



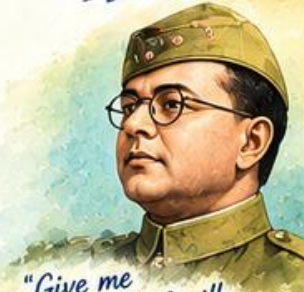
*Quit India
Movement
(1942)*



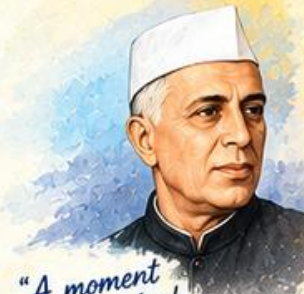
*15 August 1947
India is Free!*



"Inquilab Zindabad"
— Bhagat Singh



"Give me blood and I will give you freedom."
— Subhas Chandra Bose



"A moment comes, which comes but once in a lifetime."
— Jawaharlal Nehru



"United for a Stronger India"



इसरो ISRO

INDIA'S ACHIEVEMENTS IN SPACE

From Aryabhata to the Moon, Mars and Beyond

India's space journey began with modest beginnings but has grown into one of the country's greatest scientific achievements. From launching its first satellite to exploring the Moon and Mars, India's progress in space science reflects innovation, determination and the spirit of self-reliance.

*Bigger
Dreams
Bolder
Missions*

A JOURNEY THROUGH THE YEARS

1969

ISRO is Born

The Indian Space Research Organisation (ISRO) was established on 15 August 1969, laying the foundation for India's organised space programme.



1980

Rohini Satellite

India successfully placed the Rohini satellite into orbit using the indigenous SLV-3 launch vehicle, showing India's growing launch capability.



2008

Chandrayaan-1

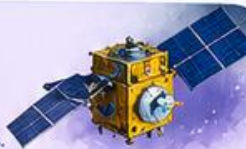
India's first lunar mission, Chandrayaan-1, was launched on 22 October 2008. It marked India's entry into lunar exploration.



2015

Astrosat

India launched AstroSat, its first dedicated astronomy mission, capable of observing celestial objects across multiple wavelengths.



2023

Chandrayaan-3

On 23 August 2023, India achieved a historic soft landing on the Moon. First to land in the Moon's southern high-latitude region.



2024

XPoSat

India launched XPoSat, a mission dedicated to studying X-ray polarisation from cosmic sources, expanding space astronomy capabilities.



2025

India at the International Space Station

Group Captain Shubhanshu Shukla became the first Indian to travel to the ISS as part of the Axiom-4 mission and conducted seven microgravity experiments.



1975

Aryabhata

India's first satellite, Aryabhata, was launched on 19 April 1975. It marked India's first major step into the space age.



1980s-1990s

Satellites for Society

Satellite programmes supported telecom, TV broadcasting, weather forecasting, education and remote sensing, benefiting ordinary citizens.



2013-14

Mangalyaan

India's Mars Orbiter Mission (Mangalyaan) was launched in 2013 and entered Mars orbit on 24 September 2014. India became the fourth space agency to reach Mars orbit.



2019

Chandrayaan-2

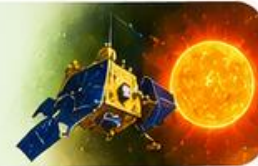
Chandrayaan-2 successfully placed its orbiter around the Moon. The orbiter continued providing valuable information about the lunar environment.



2023

Aditya-L1

India launched Aditya-L1, its first space-based solar observatory, to study the Sun and its atmosphere.



2025

SpaDeX

India successfully demonstrated autonomous docking and undocking of two satellites, making India the fourth nation to demonstrate space docking technology.



Looking Ahead

Gaganyaan

India's Gaganyaan programme aims to demonstrate India's capability to send humans to Low Earth Orbit and safely bring them back. A big step towards future human spaceflight and exploration.



*"From the skies of Earth
to the horizons of space...
India dreams, explores and achieves!"*

Indian Space Journey

— PRIDE | PROGRESS | POSSIBILITIES —

INDIA & COMPUTER & IT

FROM SKILL TO GLOBAL IMPACT

Technology isn't just a tool...
it's India's future!



Indian
Talent
Linked to
Global
Technology



THE CURRENT SCENARIO



India is the **3rd largest IT workforce** in the world (with **5+ million** professionals).



The Indian IT-BPM industry is valued at **\$245+ billion** (2024) and is expected to reach **\$350+ billion** by 2028.



India has **100+ unicorns** (tech startups), the third highest in the world.



It is a global leader in software services, cloud computing, AI, and digital solutions.

KEY ACHIEVEMENTS

1980s

TCS, Infosys, Wipro and HCL laid the foundation of India's global IT presence.

1990s

Y2K and global outsourcing brought India to the world stage.

2000s

BPO, KPO and software exports scaled rapidly.

2010s

Digital India, Aadhaar, UPI and e-Governance transformed public services.

2020s

Rise of AI, cloud, cybersecurity, fintech and deep tech startups.

From
code to
change –
India builds
a digital
future.



INDIA'S DIGITAL INDIA IMPACT



World's largest digital payment system.



Unique digital identity for **1.4+ billion** citizens.



Secure digital document storage for all.



e-Governance

Faster, simpler, transparent services.



Cloud

Enabling businesses, startups and innovation.



AI & Innovation

Building a smarter, self-reliant India.

FUTURE SCOPE



AI & Machine Learning
Smart India, smarter solutions.



Semiconductors
Building India's own chip ecosystem.



Cloud & Data Centers
Powering the digital economy.



Cybersecurity
Safer digital world.



Gaming & Metaverse
New-age career opportunities.



Green Tech & Sustainable IT
Tech for a better tomorrow.



Global Leadership
From services to product innovation.

WHY INDIA?

- ✓ Large, skilled talent pool
- ✓ Cost-effective innovation
- ✓ Strong government support
- ✓ Growing startup ecosystem
- ✓ Global demand for Indian IT professionals

Learn
Code
Create
Build
Your Future 😊

INDIAN VISION

"From Digital India to a Global Tech Leader – India's journey is powered by its people, its talent and its technology."

— GOI VISION



INDIA IN THE DIGITAL AGE

MORE SKILLED YOUTH | MORE STARTUPS
MORE INNOVATION | A STRONGER NATION

Better
Skills
Bigger Dreams
A Stronger
India





INDIA'S ACHIEVEMENTS IN EDUCATION

Building Knowledge, Innovation and Excellence



*Education
Builds a
Brighter
Tomorrow*



Education in Numbers



14% → 74%+

India's literacy rate rose dramatically from about 14% at Independence to over 74% in the 2011 Census.



23 IITs

India had 23 IITs in 2025, compared with 16 in 2014–15.



21 IIMs

The number of IIMs increased from 13 to 21 between 2014–15 and 2025.



20 AIIMS

India had 20 AIIMS institutions in 2025, compared with 7 in 2014–15.



70,018

Higher education institutions in India in 2025.

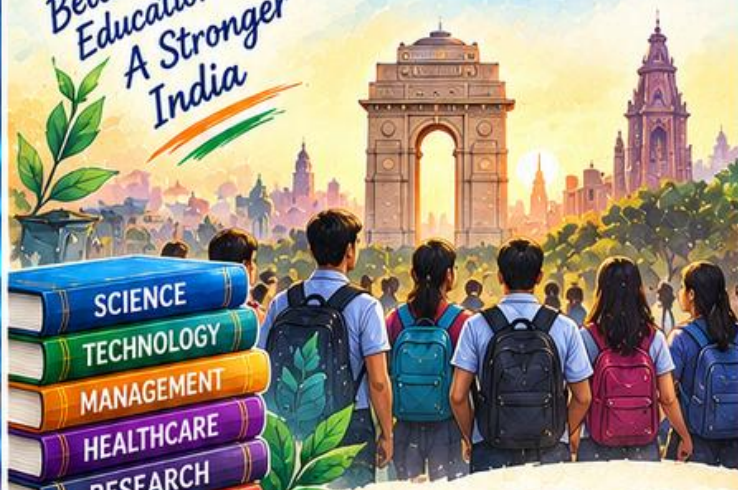


54

Indian universities featured in the QS World University Rankings 2026, compared with 13 in 2015.

*More
Learning
More
Possibilities*

*Better
Education
A Stronger
India*



*Education Empowers Individuals
and Builds a Stronger Nation*



Major Indian Achievements & Prizes



Nobel Prizes



Rabindranath Tagore

Nobel Prize in Literature, 1913

First Asian Nobel laureate and one of India's most celebrated literary figures.



C. V. Raman

Nobel Prize in Physics, 1930

For his work on the scattering of light and the discovery of the Raman Effect.



Har Gobind Khorana

Nobel Prize in Physiology or Medicine, 1968



Subrahmanyan Chandrasekhar

Nobel Prize in Physics, 1983



Institutions that Put India on the Global Map



IITs

Globally recognised for engineering, technology and research.



IISc Bengaluru

One of India's leading institutions for scientific research and higher education.



IIMs

Among India's leading institutions for management education.



AIIMS

Major centres for medical education, healthcare and research.



ISRO & Indian research institutions

India's scientific achievements have created opportunities for students and researchers to work on advanced space and technology programmes.



INDIA IN SPORTS

— BY THE NUMBERS —

More Sports
Stronger
India

From historic wins to new records — India's sporting journey is a story of hard work, talent and unstoppable spirit!



OLYMPICS

41 medals won by India in the Summer Olympics overall, including the 2024 Paris Games.

10 Olympic gold medals in total.

2024 Paris Olympics:
6 medals — 0 Gold, 1 Silver, 5 Bronze.



PARALYMPICS

2024 Paris Paralympics:

29 medals —

7 Gold, **9** Silver, **13** Bronze

— India's best-ever Paralympic performance.



CRICKET WORLD CUPS



Men's ODI World Cup:

2 titles — 1983, 2011



Men's T20 World Cup:

2 titles — 2007, 2024



Women's ODI World Cup:

1 title — 2025



Champions Trophy:

3 titles — 2002*, 2013, 2025

*2002 was shared with Sri Lanka.



HOCKEY WORLD CUP

1 Men's Hockey World Cup title — 1975

3 Olympic hockey gold medals after independence — 1948, 1952, 1956



CHESS

2 World Chess Champions from India — Viswanathan Anand and D. Gukesh

2024 Chess Olympiad:
Double Gold — India won both the Open and Women's team events.



ATHLETICS

Neeraj Chopra:

- India's first Olympic athletics gold medallist — Tokyo 2020.
- India's first World Athletics Championships gold medallist.
- **86.48 m:** Neeraj Chopra's World U20 record in javelin, set in 2016.



RECENT RECORDS



29 medals

India's record Paralympic haul at Paris 2024.



21/22 points

India's record score in the 2024 Open Chess Olympiad.



2026

Gurindervir Singh set India's men's 100m national record — 10.09 seconds, while Vishal T.K. became the first Indian to run 400m under 45 seconds.



INDIA'S SPORTING STORY

41 Olympic medals • **29** Paralympic medals in Paris 2024 • **2** ODI World Cups
2 T20 World Cups • **3** Champions Trophy titles • **2** World Chess Champions



ST. ANN'S CONVENT SCHOOL

RAJNIKHAND, LUCKNOW

AUGUST
2026
E-MAGAZINE

Freedom with Responsibility

“Discipline
builds character,
sports build a nation,
and dreams
build a brighter future.”

Same
Dream
Same
India



Let's keep the spirit of
Freedom with Responsibility

In our hearts, in our actions, in every step of our journey.



Learn
with Purpose



Play
with Passion



Respect
Everyone



Build a
Better World



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